



# LIFE IN OUR VAN FAVOURITES



## TAKE YOUR KIDS SEA KAYAKING ON A FJORD...

"If there's a more interesting, enjoyable family challenge on the water, we've yet to find it" - Richard



## THE DAY I REALLY LEARNED TO CLIMB A ROCK FACE!!

"I didn't think it was possible, but halfway up the 70m rock face climb...i knew i could do it" - Lottie



## GIVE ME A PADDLEBOARD ANYDAY OF THE WEEK!

"I'd never tried it, but i'm a fish in water (so mum says!) so i gave it a go and now I'm hooked!" - Libby



## DO MUM'S REALLY GO SKY DIVING? REALLY...?

"Ok, it wasn't out a plane.., not yet anyway, but what a thrill 60ft in the air, learning to fly!" - Catherine



## I LOVE HIGH ROPES, WHAT 8YR OLD DOESN'T!!

"We're so lucky we've now tried it in France, UK, Norway & USA..but France was the coolest!" - Libby



## I'M INTO NATURE, SO BIKING THE CAIRNGORMS WAS EPIC

"Everybody loves getting on their bikes, but when you can see mountain, glens and nature.. I'm in!" - Lottie



## TAKE THE FLAMSBANA TRAIN UP, MTB BIKE BACK DOWN!

"Wow a 900m descent with 27 sharp hairpins&vertical drops? Sheer heaven on a bike for me" - Richard



## CAN'T BELIEVE I REALLY JUST DID A BOBSLEIGH

"It feel like your legs are shaking - but really 100kph speed and 25 bends.. wow! just wow!" - Lottie



## SWIMMING WITH SEAS LIONS THAT HELP DISABLED KIDS..

Ok, not everyone likes it, it's your choice, but the experience & therapy they offer..wow!" - Catherine



## DID WE REALLY JUST CLIMB INTO A VOLCANO DADDY?

"Can't believe we did It in the snow&wind! So proud! So cold!! Can we have the heating on?" - Libby